

## EXAMPLE LETTER OF MEDICAL NECESSITY FOR Avise PG<sup>SM</sup>

The following is an example letter based on a fictitious patient, physician and insurance entity. Please draft your letter based on the patient's medical history and treatment experience

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January 1, 2020

Dr. Don Director,  
Medical Director  
1234 Healthplan Way  
Any City, ST 99999

Dear Dr. Director,

I am writing to request full coverage for the Avise PG<sup>SM</sup> laboratory test for my patient, Susan Sample. I am a board certified rheumatologist practicing at St. John's in San Diego, CA. I consider this test a medically necessary step in the treatment of my patient.

### PATIENT INFORMATION

Patient: Susan Sample  
ID: 0000000011  
Provider: Example Physician, MD  
Date of Service: February 29, 2009

My patient has a history of rheumatoid arthritis and I am treating her with methotrexate. *[Note: Please be sure to include all relevant symptoms, treatments, and medical history as it pertains to the patient.]*

### TEST DESCRIPTION

The Avise PG test measures methotrexate polyglutamates, the active metabolites of methotrexate. Avise PG results can assist in determining if an optimal dose of methotrexate is being utilized and if adding or switching therapy is appropriate.

### NETWORK PROVIDER SERVICES

The Avise PG test is a proprietary test that is only performed by Cypress Bioscience, Inc. at their CLIA certified, CAP accredited San Diego laboratory. In addition, patients' blood samples must be received at the San Diego laboratory within 48 hours of collection; therefore, delays due to additional sample handling by an in-network laboratory facility should be avoided whenever possible.

### LABORATORY INFORMATION

For additional information about the Avise PG test, you may contact Cypress Bioscience directly at 1.888.452.1522, or visit their website at [avisetest.com](http://avisetest.com).

## REFERENCE MATERIALS

- Dervieux T, Furst D, et al. Polyglutamation of Methotrexate With Common Polymorphisms in Reduced Folate Carrier, Aminoimidazole Carboxamide Ribonucleotide Transformylase, and Thymidylate Synthase Are Associated With Methotrexate Effects in Rheumatoid Arthritis. *Arthritis Rheum.* 2004; 50(9): 2766-2774.
- Dervieux T, Furst D, et al. Pharmacogenetic and metabolite measurements are associated with clinical status in patients with rheumatoid arthritis treated with methotrexate: results of a multicentred cross sectional observational study. *Ann Rheum Dis* 2005;64(8):1180-1185.
- Dervieux T, Greenstein N, et al. Pharmacogenomic and Metabolic Biomarkers in the Folate Pathway and Their Association With Methotrexate Effects During Dosage Escalation in Rheumatoid Arthritis. *Arthritis Rheum.* 2006; 54(10): 3095-3103.
- Kremer J. Toward a Better Understanding of Methotrexate. *Arthritis Rheum.* 2004; 50(5):1370-1382.

Please approve full coverage for Avise PG.

Thank you for your prompt attention. I look forward to receiving a written response from you within two weeks.

Sincerely,

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Example Physician, MD  
St. John's Hospital  
22222 North St.  
San Diego, CA 99999  
(123) 456-7891