

Ask your doctor if the AVISE<sup>®</sup> CTD test is right for you

## **Advanced Diagnostic Test for Rheumatic Conditions**



# SEE Beyond Traditional Lab Testing

#### We understand the frustration of feeling sick and not knowing the cause. If you have experienced... What is AVISE CTD & how can it help me? AVISE CTD is an accurate, comprehensive and innovative rheumatic

- Unexplained muscle aches, joint pain, fatigue, rashes and/or other debilitating symptoms
- Trouble sleeping due to aches and pains
- A positive ANA test
- Feeling alone or misunderstood by your loved ones due to your symptoms
- Having to miss work or social gatherings due to feeling unwell

#### ...you could be suffering from a Connective Tissue Disease (CTD). What is Autoimmune Connective Tissue Disease (CTD)?

Autoimmune Connective Tissue Disease (CTD) refers to a group of disorders involving the protein-rich tissue that supports organs and other parts of the body. Examples of CTD include Rheumatoid Arthritis, Sjögren's Syndrome and SLE/Lupus. While many people with CTD can have mild symptoms, others experience life-threatening complications, including infections, kidney failure, heart attack and stroke. In addition, CTD can be very hard to diagnose early because symptoms can be vague, inconsistent, and/or attributed to other illnesses. AVISE CTD is an accurate, comprehensive and innovative rheumatic disease diagnostic test using **patented CB-CAPs technology**, available exclusively through Exagen Diagnostics.<sup>1</sup> AVISE CTD can provide your physician with information to help differentially diagnose: <sup>1-2</sup>

- Systemic Lupus Erythematosus (SLE)
- Rheumatoid Arthritis
- Sjögren's Syndrome
- Scleroderma
- Polymyositis/Dermatomyositis (PM/DM)
- Anti-Phospholipid Syndrome (APS)
- Autoimmune Thyroid Disease such as Graves' & Hashimoto's
- AVISE CTD can also help differentiate SLE from primary fibromyalgia

# There is help. AVISE CTD may help your doctor uncover the real cause of your symptoms.

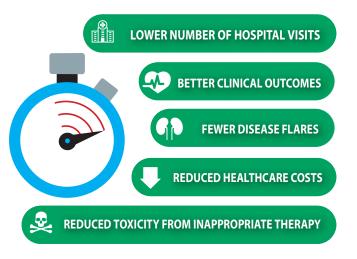


### Why should I ask my doctor to order AVISE CTD for me?

AVISE testing uses patented biomarkers and the highest quality standards to provide physicians with accurate results to help make an accurate diagnosis. When combined with your doctor's clinical assessment, AVISE testing can provide the information necessary to help make a differential diagnosis. With the convenience of a single blood draw, AVISE CTD can save time and money and help get you on the path to better health.

Getting an accurate and early diagnosis depends on you communicating your symptoms to your physician. That information, along with accurate test results may help assist in an earlier diagnosis.<sup>3</sup>

According to a recent study, getting an accurate and earlier diagnosis can help:



#### Exagen's Patient Advocate Team is here for you

At Exagen, we strive to make our tests accessible and affordable for everyone. Our Patient Advocate Team is ready to help with:

- Interpretation of insurance benefits- Explanation of Benefits (EOB)
- Navigation of the insurance appeals process
- Financial Assistance & Payment Programs
- · Forwarding checks your insurance may have sent you for Exagen testing
- To learn more, please contact our Patient Advocate Team today at 888.452.1522.

# Ready to begin managing the <u>true cause</u> of your symptoms?

## Ask your doctor about AVISE CTD today!

#### Reference:

 Putterman C, Furie R, Ramsey-Goldman R, et al. Cell-bound complement activation products in systemic lupus erythematosus: comparison with anti-double stranded DNA and standard complement measurements. *Lupus Science & Medicine*. 2014.
DJ Wallace et al. Cell-Bound Complement Activation Products In A Multianalyte Assay Can Distinguish Primary Fibromyalgia

2) DJ Wallace et al. Cell-Bound Complement Activation Products In A Multianalyte Assay Can Distinguish Primary Fibromyalg Syndrome From Systemic Lupus Erythematosus. Lupus Science & Medicine. 2016.

 Oglesby A, et al. Impact of Early Versus Late Systemic Lupus Erythematosus Diagnosis on Clinical and Economic Outcomes Appl Health Econ Health Policy. 2014.



Have Questions? Call us Monday - Friday 8am to 8pm EST

888.452.1522



